

NEW ENTRY TO CADET ADVANCEMENT TRAINING

- 0701 The requirements for advancement from New Entry to Cadet are:
- a. Satisfactory completion of Part 1 Training, recorded on form SCC T4.
 - b. A minimum of 6 weeks as a New Entry or direct entry from Junior Sea Cadets.

PART 1 (COMPULSORY) TRAINING SYLLABUS

0702 The syllabus for advancement from New Entry to Cadet is:

- C1 TOUR OF UNIT HEADQUARTERS *Unit Standing Orders.
Lesson Plans.*
- a. Explain Unit Fire Orders and identify Fire Exits
 - b. Visit all sections and explain their functions e.g. Admin/Ship's Office, Quarterdeck, QM's lobby etc.
 - c. Introduce Naval terms e.g. Libertymen, coming on board, going ashore etc.
 - d. The New Entry is to draw a sketch of the Unit Building and record Fire Exits and positions of Unit Fire Equipment.
- C2 UNIT ORGANISATION *Unit Standing Orders.
SCC Pocket Manual.
Lesson Plans.*
- a. Explain the Chain of Command
 - b. Introduction to Officers, Senior Rates, Civilian Instructors and teach how to address them.
 - c. Outline the Divisional and Watch system as it applies to the Unit.
 - d. Outline duties of the Duty Officer / Officer of the Day, Duty Senior Rate, Quartermaster and the Boatswains Mate.
 - e. Teach the recognition of the **Still**, the **Carry On** and the **General Call**.
 - f. Teach the correct method of conveying a simple message.
- C3 UNIT ACTIVITIES *Unit Standing Orders.
SCC Pocket Manual
Lesson Plans.*
- a. Explain Unit parade nights and non-parade nights
 - b. Describe weekend boatwork and Unit camps.
 - c. Emphasise the importance of participation in Unit fund raising.
 - d. Explain the Unit's involvement in sport.
 - e. Explain the Unit's involvement in civic and church parades.
 - f. Describe other activities that are carried out by the Unit.
- C4 THE AIM OF THE SEA CADETS *Sea Cadet Regs.*
- Explain the Aim of the Sea Cadets as per Sea Cadet Regulations.

C5	<p><u>THE SEA CADET PROMISE</u></p> <p>(To be instructed just before Enrolment)</p> <ol style="list-style-type: none"> a. Learn the Sea Cadet Promise. b. The meaning of the Promise should be fully explained, preferably by the Unit Chaplain. c. Emphasise the undertaking as it applies to: Discipline, Appearance, Loyalty, Conduct, Regular Attendance and Support of Unit activities. d. Enrolment is a Ceremony, Parents and Friends should be encouraged to witness the Ceremony. 	<p><i>Sea Cadet Regs. SCC Pocket Manual. Lesson Plans</i></p>
C6	<p><u>ADVANCEMENT IN THE SEA CADETS</u></p> <p>Explain in outline the cadet rating structure and how advancement is achieved.</p>	<p><i>Cadet Progress Chart Training Instructions</i></p>
C7	<p><u>SEA CADETS RANKS AND RATES</u></p> <p><i>In outline:</i></p> <ol style="list-style-type: none"> a. Describe the rank and distinguishing lace/marks of Sea Cadet and Marine Cadet Officers. b. Describe the badges of rate and rank of the Sea Cadet Senior Rates and MCD Senior NCOs. c. Describe the badges of rate of Sea Cadets and badges of rank of the Marine Cadets. 	<p><i>SCC Pocket Manual Adult and Cadet Dress Regs. SCC Badge Chart Lesson Plans</i></p>
C8	<p><u>CADET UNIFORM AND ITS HISTORY</u></p> <ol style="list-style-type: none"> a. Teach the history of the uniform. b. Teach how to care for and wear the Sea Cadet Uniform. c. Teach how to clean boots and shoes. 	<p><i>Sea Cadet Regs. Lesson Plans</i></p>
<u>PARADE TRAINING</u>		
C9	<p><u>REASONS FOR DRILL</u></p> <ol style="list-style-type: none"> a. Explain how Parade Training develops self-confidence, self-discipline, smartness and the Power of Command. b. Explain how it enables formations to be handled quickly and effectively 	<p><i>SCC Parade & Ceremonial Manual. Lesson Plans</i></p>

C10	<p><u>SQUAD DRILL</u></p> <p><i>Teach:</i></p> <ol style="list-style-type: none"> a. Falling in/out in single, two and three ranks, standing to attention, standing at ease and easy, dressing with and without intervals and numbering. b. Left, right and about turn at the halt. c. On and Off berets and caps, standing at ease and easy and returning to the attention. d. Saluting – how, who, when, where and why. 	<i>SCC Parade & Ceremonial Manual.</i>
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SHIP'S ROUTINE

C11	<p><u>COLOURS & CEREMONIAL</u></p> <ol style="list-style-type: none"> a. Explain the history and importance of Colours and Evening Colours ceremony. b. Witness the Colours ceremony. c. Explain the parts of the mast, the use of the Preparative Pennant and the history and use of the Church Pennant. d. Practice the routine and carry out the ceremony on a Parade Night. 	<i>SCC Parade & Ceremonial Manual.</i>
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BASIC SEAMANSHIP AND BOATWORK

C12	<p><u>PARTS OF A SHIP</u></p> <p><i>Describe:</i> Stern, Aft, Midships, Bow, Forecastle, Port & Starboard, Superstructure, Hull etc.</p>	<i>SCC Seamanship Manual SCC Pocket Manual Lesson Plans</i>
C13	<p><u>GENERAL SEA TERMS</u></p> <p><i>Describe:</i> Heads, Deck, Deckhead, Bulkhead, Ladder, Hatch, and Bridge etc.</p>	
C14	<p><u>BENDS AND HITCHES</u></p> <p><i>Demonstrate and explain the use of:</i> Reef knot, figure of eight and round turn and two half hitches.</p>	
C15	<p><u>PARTS OF A BOAT AND AN OAR</u></p> <p><i>Teach:</i> Thwart, Centre plate/drop Keel, Gunwhale, Stretchers, Rudder, Bottom Boards, Crutches, Tiller, Loom, Shaft, Blade.</p>	<i>Admiralty Manual of Seamanship SCC Pocket Manual Lesson Plans</i>

C16	<p><u>MANNING A BOAT</u></p> <p><i>Explain and demonstrate:</i> Manning a boat, Adjusting stretchers, Shipping and unshipping crutches and oars. Positions and duties of the crew.</p>	<p><i>Admiralty Manual of Seamanship SCC Pocket Manual Lesson Plans</i></p>
C17	<p><u>BEHAVIOUR IN A BOAT</u></p> <p><i>Teach:</i> The correct wearing of Life Jackets.</p> <p><i>Explain the reasons for:</i> The crew to be dressed alike. Footwear. Keeping arms and hands off the gunwales. No talking or skylarking in the boat The appearance of the boat when underway (fenders & ropes ends etc)</p>	<p><i>Admiralty Manual of Seamanship SCC Pocket Manual Lesson Plans</i></p>
C18	<p><u>PRACTICAL PULLING</u></p> <p><i>Practise:</i> Pulling orders, How to pull an oar, Practical Pulling, Letting go and coming alongside, use of fenders, Use of the boathook.</p>	<p><i>Admiralty Manual of Seamanship SCC Pocket Manual Lesson Plans</i></p>
C19	<p><u>HEALTH AND HYGIENE</u></p> <p><i>Explain the need for:</i></p> <ol style="list-style-type: none"> a. Personal Cleanliness b. Proper clothing c. Fresh air and ventilation d. Sufficient sleep (especially on camps and courses) e. Proper diet <p><i>Note: It is important that the Instructor takes advice from the HQ Staff Drugs Education Officer before instruction on the dangers of smoking and the misuse of drugs and alcohol.</i></p>	<p><i>Literature from Community Health Departments Lesson Plans</i></p>

PHYSICAL TRAINING

C20	<p><u>FITNESS AND SWIMMING</u></p> <p><i>Explain the needs for:</i></p> <ol style="list-style-type: none"> a. Daily exercise. b. Recreational games. c. Swimming qualifications. d. Demonstrate and encourage daily exercise. e. Introduce recreational games. f. Commence swimming instruction. 	<p><i>Training Instructions</i></p>
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FIRST AID

C21	<u>SCOPE OF FIRST AID</u>	<i>Training Instructions</i>
	<i>Teach:</i> <ol style="list-style-type: none">a. What is First Aidb. The Object of First Aidc. How to identify the dangers to the First Aider and the casualtyd. The procedure for summoning help.e. Equipment (First Aid boxes/kits)	
C22	<u>FIRE PREVENTION</u>	<i>Unit Standing Orders Lesson Plans</i>
	<i>Explain:</i> <ol style="list-style-type: none">a. Unit fire drill procedure.b. Unit fire alarms and procedures to be followed when heard.c. Arrange a visit to the local fire station	
C23	<u>HEALTH AND SAFETY</u>	<i>Unit Standing Orders</i>
	<i>Explain:</i> <ol style="list-style-type: none">a. The basic principles of Health and Safetyb. Hazards within the Unitc. Hazards associated with Unit trainingd. The duty to report hazards	
0703	Cadets who have qualified for advancement from New Entry to Cadet in accordance with paragraph 0701 are advanced by their Commanding Officer at his discretion. A Commanding Officer is to inform the District Officer in cases where he is unwilling to advance an otherwise qualified New Entry.	